



Session on MAMBA Mentality-Unfiltered with Rohan Mehta

Date: 11/09/2024

Date of Event	11-09-2024
Venue	Pushpam Tarsadia Auditorium
Time	10:00 to 11:30
Total No. of Participants	650 (FYBBA, SYBBA, TYBBA, FYMBA and SYMBA)
Expert Name	Mr. Rohan Mehta, Co-Founder, CEO & Fund Manager-Turtle Wealth
Event Coordinator	Dr. Trishna Shah, Mr. Parvez Malek, Dr. Vivek Ayre
Event Category	Student Development cell
Program objective	To enlighten students on MAMBA mentality applied to today's business world
Program outcomes	The session significantly boosted students' motivation by showcasing how adopting a high-performance mindset can lead to extraordinary results. Students left with a renewed sense of purpose and commitment to their goals.

The session titled “MAMBA Mentality-Unfiltered with Mr. Rohan Mehta” was an engaging and insightful event aimed at inspiring management students. The session delved into the principles of the MAMBA Mentality, a concept inspired by the relentless drive and mindset of basketball legend Kobe Bryant.



The session started with the introduction of Mr. Rohan Mehta and welcoming him with the UTU stall. Then the introduction to MAMBA Mentality was also delivered to the audience. Forwarding the session Dr. Vijay Gondaliya, started the Q&A round with Mr. Rohan Mehta. He being the invincible personality answered every question with positivity and to his truest sense. Following is the key take way from the session;

- Mr. Rohan Mehta explained that the MAMBA Mentality is more than just a sports philosophy; it's a mindset that can be applied across various domains, especially in business and management. He discussed the core principles of development like mastery, adaptability, mental toughness, boldness and accountability.
- He has talked 3 most Important F's of life: - (1) Fitness (Mental and Physical), (2) Financial Fitness and (3) Friends and Family. These three aspects are interconnected with each other like having a strong support system from friends and family can help us to achieve our fitness goals and financial stability can reduce stress and improve overall well being.
- Mr. Rohan Mehta also highlighted that failure is an essential part of growth. Management students were encouraged to view failures as learning opportunities rather than setbacks.
- The session emphasized the importance of dedication and effort. Mr. Rohan illustrated work ethic contributed to his achievements, urging students to adopt a similar approach in their professional lives.
- Mr. Rohan Mehta encouraged students to define their goals clearly and align their daily actions towards achieving them.
- He has also suggested 3 C's which hold people back from achieving their goals Complain, Criticize, Compromise.
- He had rightly said, "while pushing for excellence, it is also important to take care of one's mental and physical health." He stressed the balance between hard work and self-care to maintain long-term productivity and well-being.
- The session included a Q&A segment where Mr. Rohan Mehta answered questions from students. Topics covered included strategies for managing stress, overcoming procrastination, and balancing academic and personal life. Mr. Rohan's answers were practical, grounded in real-world experiences, and resonated with the audience.



Mr. Rohan Mehta's session on MAMBA Mentality was a motivational and practical workshop that provided management students with valuable insights into achieving success through mindset and perseverance. His emphasis on the principles of the MAMBA Mentality offered a fresh perspective on personal and professional development.



Report Prepared by: Dr. Trishna Shah

HoD Signature